

# Heart Talk Video Series



*We have been searching for educational tools on heart failure, and we have discovered your site, which is, simply put, amazing! We are especially impressed with your "Heart Talk" booklet on congestive heart failure for patients and families.*

*—Hospital Heart Failure Program Coordinator*

Nearly five million people in the United States are hospitalized repeatedly with heart failure, the most common reason people are readmitted to U.S. hospitals. To lower this often preventable and costly national trend, Qualidigm produced an educational video series called "Heart Talk: Living with Heart Failure."

The goal of these three-part instructional videos is to provide consistent education for both health care providers and patients about managing heart failure to reduce preventable hospital readmissions.

The first video series is for licensed healthcare professionals; the second is for nursing assistants; and the third is for patients, families and caregivers. All three are available at no cost. Heart Talk for patients accounts for limited literacy and health literacy by using easy-to-understand language.

All three videos promote key recommendations that, if followed, can help patients with heart failure live a healthier life without unnecessary hospitalizations.

To complement the videos, Qualidigm created a patient booklet outlining the steps to better manage heart failure. The booklet cover is customizable so health care providers can add their own branding and distribute to patients and families. Currently, the patient booklet is available in English, Spanish and Polish.

To date, providers in 32 states, and several countries are using Heart Talk. This video series is also part of the toolkit for the national quality improvement campaign, Hospital 2 Home (H2H), led by the American College of Cardiology and the Institute for Healthcare Improvement and has been adopted by the European Society of Cardiology.

[www.hearttalk.org](http://www.hearttalk.org)

[www.qualidigm.org](http://www.qualidigm.org)



## Who We Are

Qualidigm is a mission-driven healthcare consulting company that provides innovative and scientifically-based solutions to transform care and improve care delivery and patient outcomes. With nearly 200 peer-reviewed articles published, Qualidigm is recognized among the healthcare provider network as a facilitator and leader in performing peer-reviewed research, providing evidence-based education, and implementing learning sessions that foster collaboration and accelerate change.

Our professional staff has expertise in clinical medicine, quality improvement, patient safety, public health, patient-centered medical home (PCMH), care coordination, utilization review, data evaluation and analysis and patient/provider education. The staff includes Registered Nurses, Physicians, Social Workers, and many other staff with advanced degrees, e.g., PhDs, MAs, and MBAs.

Qualidigm is part of a team that is serving as the Medicare Quality Innovation-Network Quality Improvement Organization (QIN-QIO) under contract with the Centers for Medicare & Medicaid Services for New England. Previously, Qualidigm served as the Medicare QIO for the State of Connecticut charged with protecting the rights of Medicare beneficiaries and improving the safety and quality of care they receive.

We serve a diverse group of healthcare stakeholders in government, industry, and clinical practice including academic institutions, national and international healthcare consulting firms, local and national foundations, healthcare providers in all settings, payers and purchasers.

## Learn More About Heart Talk

The Heart Talk videos and the patient education booklet are accessible from [www.hearttalk.org](http://www.hearttalk.org). Through this site, providers and patients may download and copy the video files to DVD for distribution. The videos can also be viewed on YouTube.

For more information on our video series "Heart Talk: Living with Heart Failure," please visit our website: [www.hearttalk.org](http://www.hearttalk.org) or [www.qualidigm.org](http://www.qualidigm.org).

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## Our Mission

***Improving the quality, safety and cost-effectiveness of healthcare through transformational change.***

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