

Medicare Preventive Services

Benefit	Description of Coverage	Co-Pay	Deductible
Bone Mass Measurements	These measurements help determine if you are at risk for broken bones. Medicare covers these measurements once every 24 months (more often if medically necessary) for people with Medicare at risk for osteoporosis.	Subject to 20% co-pay	Subject to Part B deductible
Cardiovascular Screenings	Ask your doctor to test your cholesterol, lipid, and triglyceride levels so he or she can help you prevent a heart attack or stroke. Medicare covers screening tests for cholesterol, lipid, and triglyceride levels every five years.	No co-pay	No Part B deductible
Colorectal Cancer Screening	<p>These tests help find precancerous growths so they can be removed and prevent cancer. They also help find colorectal cancer early, when treatment is most effective. If you are age 50 or older, or are at high risk for colorectal cancer, one or more of the following tests is covered:</p> <ul style="list-style-type: none"> ➤ Fecal Occult Blood Test (FOBT) – once every 12 months ➤ Flexible Sigmoidoscopy – once every 48 months ➤ Screening Colonoscopy* - once every 24 months if you are at high risk; once every 10 years if you're not at high risk (but not within 48 months of a screening sigmoidoscopy) ➤ Barium Enema – your doctor can use this test instead of a flexible sigmoidoscopy or colonoscopy – once every 24 months if you are at high risk; once every 48 months if you're not at high risk <p>*No minimum age for screening colonoscopy</p>	<p>FOBT: No co-pay</p> <p>Flexible sigmoidoscopy, colonoscopy, barium enema: Subject to 20% co-pay</p> <p>Flexible sigmoidoscopy & colonoscopy: 25% if hospital outpatient department</p>	<p>FOBT: No Part B deductible</p> <p>Flexible sigmoidoscopy, colonoscopy, barium enema: Subject to Part B deductible</p>
Diabetes Screenings (Fasting Plasma Glucose Test and Glucose Challenge Test)	Medicare covers tests to check for diabetes. These tests are available if you have any of the following risk factors: high blood pressure, dyslipidemia (history of abnormal cholesterol and triglyceride levels), obesity, or a history of high blood sugar. Other risk factors may also qualify you for this test and based on the results, you may be eligible for up to two screenings each year. Medicare also covers certain supplies (glucose monitors, test strips and lancets) and self-management training. Based on the results of these tests, you may be eligible for up to two diabetes screenings every year. Talk to your doctor for more information.	<p>Screenings: No co-pay</p> <p>Supplies & Training: Subject to 20% co-pay</p>	<p>Screenings: No Part B deductible</p> <p>Supplies & Training: Subject to Part B deductible</p>



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Flu Shot	Flu shots help prevent influenza, or flu virus. Medicare covers these shots once a flu season in the fall or winter for all people with Medicare.	No co-pay	No Part B deductible
Glaucoma Tests	These tests help find the eye disease glaucoma. Medicare covers these tests once every 12 months for people with Medicare at high risk for glaucoma.	Subject to 20% co-pay	Subject to Part B deductible
Hepatitis B Shots	These three shots help protect people from getting Hepatitis B. Medicare covers these shots for people with Medicare at high or medium risk for Hepatitis B. Talk to your doctor for more information.	Subject to 20% co-pay or a set coinsurance amount if given in a hospital outpatient department	Subject to Part B deductible
Pap Test and Pelvic Exam (Includes a clinical breast exam (CBE))	These exams check for cervical and vaginal cancers. Medicare covers these exams every 24 months for all women with Medicare and once every 12 months for women with Medicare at high risk.	No co-pay for pap lab test. 20% of the Medicare-approved amount for pap test collection, pelvic exam and CBE.	No Part B deductible
Pneumococcal Shot	This shot helps prevent pneumococcal infections. Medicare covers this shot for all people with Medicare. Most people only need this shot once in their lifetime. Talk with your doctor.	No co-pay	No Part B deductible
Prostate Cancer Screening	These tests help find prostate cancer. Medicare covers a Digital Rectal Exam (DRE) and Prostate Specific Antigen (PSA) test once every 12 months for all men with Medicare age 50 and older.* *Coverage for this test begins the day after your 50 th birthday.	DRE: Subject to 20% co-pay PSA: No co-pay	DRE: Subject to Part B deductible PSA: No Part B deductible



Call 1-800-MEDICARE (800-633-4227) for questions about your benefits.

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Screening Mammograms	<p>These tests check for breast cancer before you or your doctor may be able to feel it. Medicare covers mammograms once every 12 months for all women with Medicare age 40 and older.</p> <p>Medicare also pays for a baseline mammogram for women with Medicare between ages 35-39.</p>	<p>Subject to 20% co-pay.</p> <p>For new digital technologies, you pay 20% of the Medicare-approved amount with no Part B deductible.</p>	No Part B deductible
“Welcome to Medicare” Physical Exam (One-time)	<p>Medicare covers a one-time review of your health, as well as education and counseling about the preventive services you need, including certain screenings and shots. Referrals for other care, if you need it, are also covered.</p> <p>Important: You must have the physical exam within the first six months that you have Medicare Part B.</p>	Subject to 20% co-pay	Subject to Part B deductible

This is an edited version of documents prepared by the Centers for Medicare & Medicaid Services, an agency of the U.S. Department of Health and Human Services, and/or its contractors. You can find the original, unedited versions of the documents at <http://www.medicare.gov/Library/PDFNavigation/PDFInterim.asp?Language=English&Type=Pub&PubID=10116> and <http://www.medicare.gov/Library/PDFNavigation/PDFInterim.asp?Language=English&Type=Pub&PubID=10110>. Pub #8SOW-CTGEN-200602.



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